

Advocacy Priorities

Keep Minnesota seniors healthy and lower future costs

Minnesota seniors are in urgent need of your help. One in two older adults is at risk for malnutrition. Food access can make the difference between older adults living independently in their homes and needing more expensive institutional care.

The Senior Meals and Services Coalition is asking legislators to support older adults with:

- Clear policy language that increases efficiency in nutrition service delivery and provides flexibility for innovation.
- \$4.7 million in one-time funding for senior meals to keep up with rising costs and cover the same number of meals served in 2025.



Lowering future costs for taxpayers

The services and support provided through the aging network are some of the most cost-effective ways to support older adults.

The services are targeted to frail older adults with low incomes or living in rural areas, often both.



SENIOR MEALS & SERVICES COALITION

Contact your senators and representatives and urge their support.

For the latest updates, visit

seniorservicesmn.org

Contacts

Laurie Brownell

President

Minnesota Association of Area

Agencies on Aging

Laurie@semaaa.org

507.288.6944

Stacy Lund

Director of Food Access

Catholic Charities of the Diocese

of St. Cloud

stacy.lund@ccstcloud.org

320.650.1550

Dawn Simonson

President and CEO

Trellis

dsimonson@trellisconnects.org

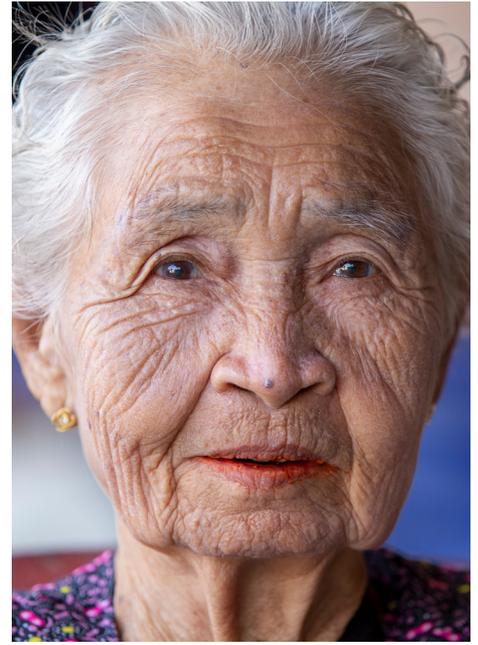
651.900.8700

Sherry Munyon

Capitol Access

smunyon@capitolaccess.us

612.723.4245



What you need to know

- There are currently **1.1 million** adults age 65+ in Minnesota. **9%** of those older adults are living below the poverty line.
- In federal fiscal year 2025, more than 11,000 older adults receiving home-delivered meals **(58%) were at high nutrition risk.**
- In federal fiscal year 2025, **a full 40%** of those receiving home-delivered meals needed help with three or more Instrumental Activities of Daily Living (IADLs) such as medication management, driving and grocery shopping. **These meals are getting into the hands of the people that need them most.**
- The Minnesota Association of Area Agencies on Aging estimates our funding request would **cover the cost of 522,000 meals**, a number that meets the projected shortfall of meals that will be served in 2026 compared to 2025.
- Food costs continue to outpace inflation, **increasing 31%** between 2019 and 2025.
- In 2023, the legislature passed and Governor Walz signed a one-time appropriation of \$11 million for senior meals. This funding filled a critical gap for senior meals. **The coalition is now asking the legislature to continue that support with bridge funding to meet the growing demand.**

Join us in raising awareness
of the need to fund
senior meals and services.

Learn more and get latest updates at:

seniorservicesmn.org



MINNESOTA ASSOCIATION OF
AREA AGENCIES ON AGING

This advocacy effort is
convened by the
Minnesota Association of Area
Agencies on Aging. A voice for
older adults in Minnesota.